

Unit One* All About God* Being Holy

Sunday* The Holy Day



We Speak to God

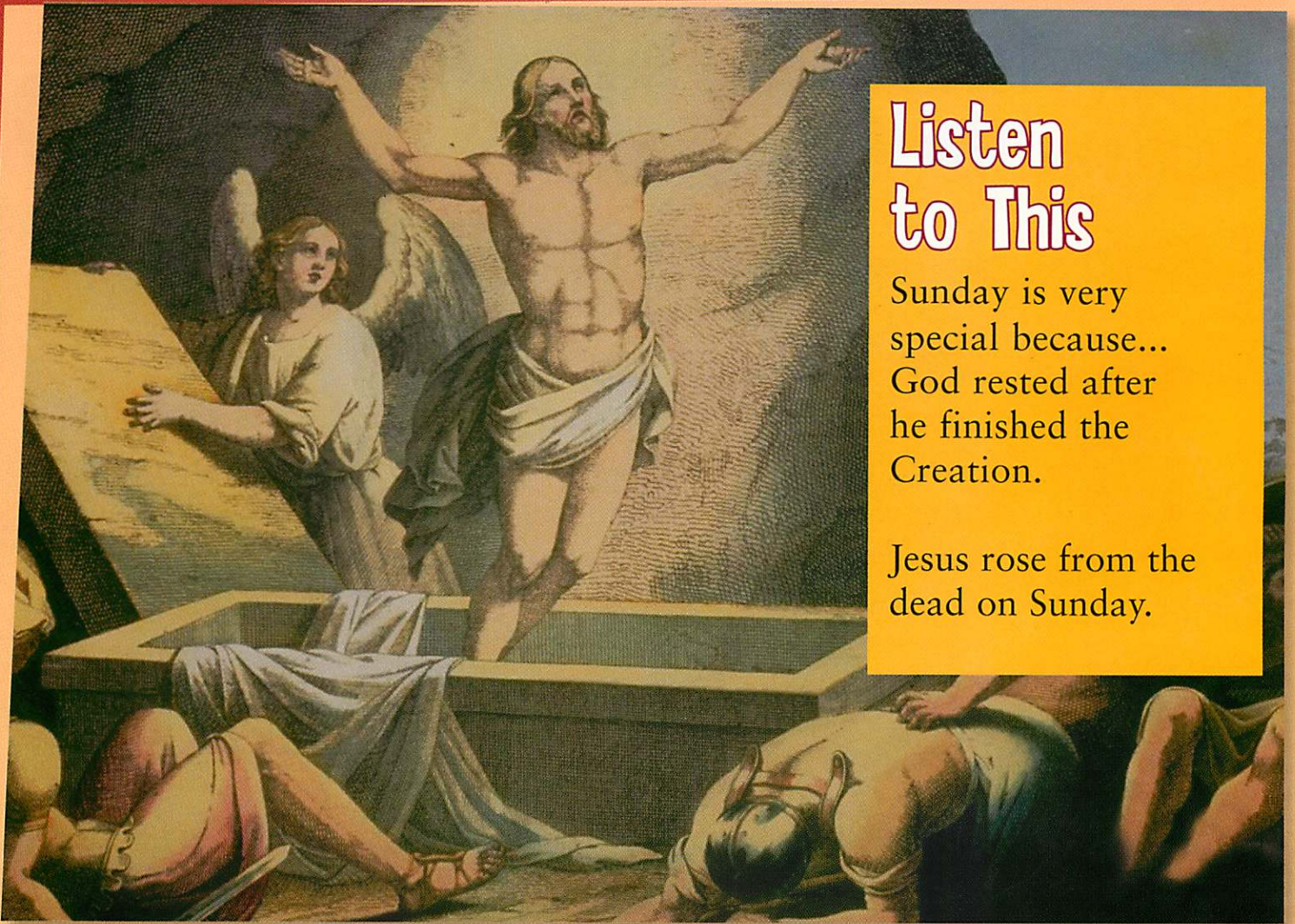
Thank you, God, for your gift of Sunday! Help us use this day to pray with our church family, to enjoy the warmth of our families and homes, and to rest in you. +Hanoon Hor, yev Vortvo, yev Hokvooyn Srpo. Amen.

Կիրակի Sunday



Let's Talk

Since the early days of Christianity, Sunday has been the first day of the week. Sunday is known as God's Day or the Lord's Day.



Listen to This

Sunday is very special because... God rested after he finished the Creation.

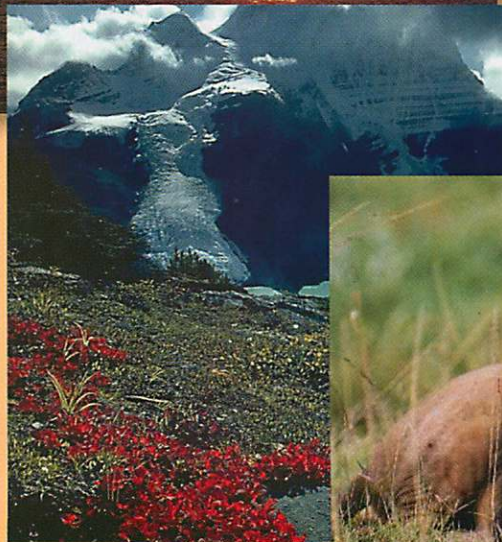
Jesus rose from the dead on Sunday.

God Speaks to Us

God worked six days, creating the heavens and the earth.

At the end of the sixth day, he looked at what he had done and he was pleased. God had finished his work. So he made the seventh day special, and he rested.

Genesis 2:1-3



We Learn About God

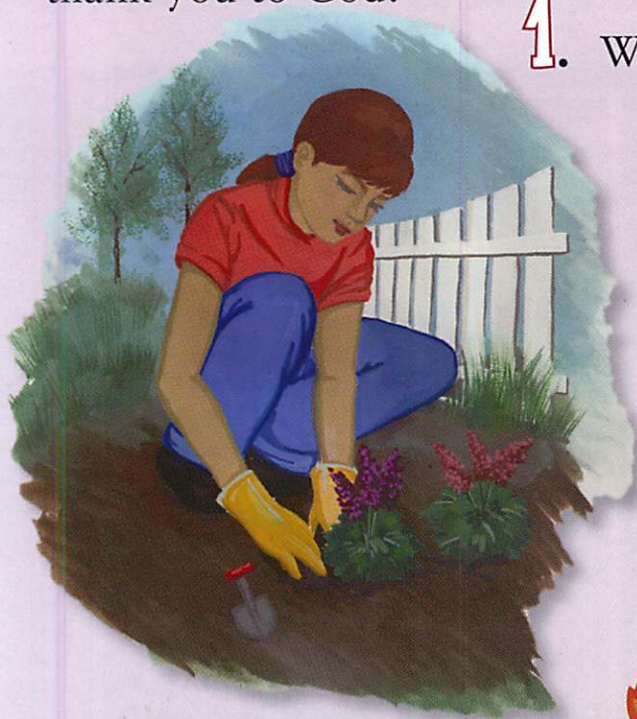
Creation is God's gift to us. Close your eyes and think about the Creation story. How can we take care of all that God has given us? How can we say thank you to God?

1. We can care for our environment:

Pick up litter.

Recycle.

Plant gardens to make the world a more beautiful place.



2. We can care for the animals:

Respect all living things.

Take care of our pets.

Hang a birdfeeder near our home.

3. We can care for others:

Respect all people.

Share God's love.

Be forgiving.

4. We can show God that we care:

Attend church services with our families to say thank you for the gifts he has given to us.

God said, "There are six days when you may work, but the seventh day is a Sabbath of rest, a day of sacred assembly." Exodus 34:21

Hearts and Hands

We thank you, God!

Thank you God for

Our Armenian Way

Giragi is the Armenian word for Sunday. It means the Lord's Day.

St. Gregory, the Enlightener, wrote about the Lord's Day. He said, "On Sundays, after attending church services, we should spend the day honoring the Lord."

What do you think that means?



For My Family



Sharing Our Faith

Our lesson today was about Sunday – Giragi. In a fourth century text, St. Gregory the Enlightener states that after attending church on Sunday, we should spend the day honoring the Lord. We discussed ways in which we can give thanks to God the Father for his gift of Creation.

Living Our Faith

1. Set up a bird feeder near a window. Go to the library. Get books to help you identify your feathered visitors.
2. Plan and plant a small indoor herb garden (parsley, basil, sage, dill) in a few pots.
3. As a family, plan ways to "keep the Sabbath holy."